



FIGARÓ-MONTMANY HERBS FOR HEALTH

Nature weekends to fully enjoy and learn about the herbs and plants and their traditional uses.



A couple of weekends in Springtime are programmed and any other weekend can be arranged if booked for a group (at least 15 adults)



A whole weekend, from Saturday at 9am to Sunday at 4pm



25 people



Anyone can participate but this is a good activity for families, groups of friends, couples, individual enthusiasts...



Veïnat de Vallcàrquera
08590 El Figaró-Montmany

[How to get there?](#)



The activities that are outings can be challenging for people with reduced mobility. The house has a room with an adapted bathroom.

The contemplation of the flowering time of these plants in the Montseny landscape in Springtime is a very healthy passtime.

We will also learn how to carefully make use of some of the herbs that also grow outside the protected area and are in abundance. The tastes and smells of these herbs will then give us further enjoyment during the weekend meals.

La Rectoria de Vallcàrquera, is part of the Parc Natural del Montseny and located in the Vall de Vallcàrquera in the municipality of Figaró-Montmany.



BOOKINGS

Aprèn Serveis Ambientals

+34 938 429 361

apren@apren.cat

www.apren.cat

PRICE

All fees include the materials/services detailed below

ADULT 105 €

CHILDREN (6-12 YEARS) 59 €

*Free for children under 6



- Saturday Lunch and supper,
- Sunday breakfast and lunch
- All activities (2 outings and 1 workshop)
- Saturday night in an ensuite bunk bed room.